

V'shamru

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם:
בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אֹת הִיא לְעוֹלָם, כִּי שֵׁשֶׁת יָמִים עָשָׂה יי אֶת
הַשָּׁמַיִם וְאֶת הָאָרֶץ, וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֵשׁ.

V'sha-m'ru v'nei Yisrael et ha-Shabbat, la-a-sot et ha-Shabbat l'do-ro-tam b'rit o-lam. Bei-ni u-vein b'nei Yisrael ot hi l'o-lam. Ki shei-shet ya-mim a-sa Adonai et ha-sha-ma-yim v'et ha-a-retz, u-va-yom ha-sh'vi-i sha-vat va-yi-na-fash.

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time.. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.